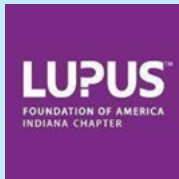


Lupus and Clinical Trials

Lupus Foundation of America, Indiana Chapter

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Mission

The Lupus Foundation of America, Indiana Chapter is part of a national force devoted to solving the cruel mystery of lupus while providing caring support to those who suffer from its brutal impact.

Efforts

Support research and conduct education programs so everyone affected by lupus can have an improved quality of life and get answers and health professionals know about new means to diagnose and manage the disease.

Conduct activities to increase awareness of lupus, rally public support for those who are affected by lupus, and advocate on their behalf.

About Lupus Clinical Trials

Through clinical studies researchers can better understand how to diagnose, treat, and prevent diseases or conditions. The Lupus Foundation of America works with partners to provide ways to participate in clinical trials near you. There are several ways to find clinical trials, including a quick search function provided by Antidote. Search [ClinicalTrials.gov](https://www.clinicaltrials.gov) and [CenterWatch.com](https://www.centerwatch.com) to find more information about clinical trials.

Facts & Statistics

Clinical trials offer promise and potentially new therapeutic options for patients living with aggressive dermatologic involvement in lupus.

Even though there are approximately 100,000 clinical trials operating in the United States at any given time, minority participation in these trials falls well short of a representative proportion of the population.

African Americans represent approximately 12 percent of the U.S. population, but only 5 percent of clinical trial participants. Similarly, Latinos make up 16 percent of the U.S. population, but only 1 percent of clinical trial research participants.

Low minority participation in lupus clinical trials results in a lack of data on the effectiveness, safety, and side effects of treatment within populations with the highest incidence, prevalence, morbidity, and mortality.

How do I find a lupus clinical trial near me...

- ✓ There are currently 136 clinical trials for lupus – including SLE, CLE, and lupus nephritis – looking for volunteers.
- ✓ Search on [clinicaltrials.gov](https://www.clinicaltrials.gov),
- ✓ Talk to your doctor about clinical trial options, though with busy schedules, not all doctors keep up to date on trial options.
- ✓ Search tool- nonprofits like the Lupus Research Alliance include a search tool on their website.

Benefits of a Clinical Trial

- ✓ The opportunity to access potential new treatments.
- ✓ Receive care from experts in your condition.
- ✓ Help move research forward.

Risk Factors

The chance the treatment will not work, or that you will experience unwanted side effects - some people are more comfortable participating in trials at later phases that have already been tested in people. You may also feel more comfortable participating in a trial that allows you stay on your current treatment or tests a potential new option against an existing treatment rather than a placebo.

"With passion and perseverance, we will fulfill our purpose as an organization. That purpose is to be a resource for and support to lupus patients, and to ultimately live in a world without lupus."

- La Toija Snodgrass, CEO