FUN IN THE SUN!

Although we have written about clothing resources to protect you from the sun in past newsletters, here is a timely reminder.

Clothing

Regular clothing sometimes doesn't offer enough protection for sun-sensitive skin. A special line of clothing with a sun-protective factor (SPF) of more than 30 is now available. Fabrics are lightweight, cool and offered in a variety of colors. Additional information is available by or visiting their websites.

Sun Grubbies

1-888-970-1600 www.sungrubbies.com

Sun Precautions 1-800-882-7860

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www.sunprecautions.com

Sunveil Sunwear

1-800-565-0585

www.sunveil.com

Sun Solutions

1-800-895-0010

www.sunsolutionsclothing.com

Splashskins (children)

1-866-947-7946

www.splashskins.com

Laundry Treatment

Rit ® Sun Guard™ Laundry Treatment washes sun protection into clothing. The protection is invisible and doesn't change the color or comfort of the clothing. One treatment lasts for more than 20 washings. If you are unable to find this product in your local supermarket or drug store contact www.seriouslyshady.com, (1-800-867-4239) or www.dermadoctor.com (1-877-337-6237).

Ultraviolet Shields

There are several ultraviolet screen products available that can be beneficial to individuals with lupus who are sensitive to ultraviolet light from the sun and/or fluorescent bulbs.

Concord Window Films - An adhesive system that is factory coated onto the film and contains additional UV block materials. It is easily installed in cars or other windows and it is available in several widths. 203-798-0343 or www.buytint.com. Fluorescent Bulb Jackets - These jackets are open on three sides and easily slide over the bulb providing immediate protection. It is not necessary to remove the bulb from the fixture. Fax: 1-800-271-0891. Solar-Screen Transparent Shades - These see-through shades keep out solar heat and glare as well as ultraviolet rays. They are manufactured to fit windows and are available in a variety of colors. For additional information about ultraviolet shields contact your local branch office or order directly from Solar Screen Company, Inc., 53-11 105th Street, Corona, New York 11368, 1-800-347-6527. The Company's web page is: www.solar-screen.com.

CAKOON UV-brella – provides excellent protection from the sun & the damaging effects of ultraviolet rays while providing cool & comfortable shade. The special canopy has been laboratory tested for a UPF Rating of 50+. This means CAKOON UV-brella blocks 99.9% of the sun's UVA & UVB rays making it a helpful solution for those suffering from sun-sensitive conditions. CAKOON UV-brellas come in 40" to 60" arcs and are priced from \$25 to \$49. Great for rain too! To order the CAKOON UV-brellas call toll-free 1-888-225-6665 or visit www.raybeth.com to view all CAKOON UV products.

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