Lupus and Depression Thursday, August 7, 2014 7:30 – 8:30 pm (EST)

Reactions like anger, fear and depression are a normal part of having a chronic illness such as lupus. These emotions are signals from the body and mind that all is not well and that it is time to use your coping skills. When these emotions are dealt with appropriately, they can provide an opportunity to grow and gain new insights into your life.

Speaker: Beatrice Lazaroff, Ph.D.

With more than 30 years of clinical experience, Dr. Lazaroff received her Bachelor's Degree from Temple University in Philadelphia. She then studied at George State University where she earned both her Master's and Doctoral Degrees. She is a practicing licensed psychologist in the Commonwealth of Pennsylvania and a member of the American Psychological Association and the Philadelphia Society of Clinical Psychologists. Dr. Lazaroff has served on the Board of Directors of the Arthritis Foundation's Eastern PA Chapter and has presented numerous workshops for the Lupus Foundation of America, Philadelphia Tri-State Chapter along with other non-profit health organizations.

Read Dr. Lazaroff's Full Bio