



Help Us Solve  
The Cruel Mystery

**LUPUS**<sup>TM</sup>

FOUNDATION OF AMERICA



**LUPUS:**  
ANSWERS  
START  
HERE 



The Lupus Foundation of America is the national force devoted to solving the mystery of lupus through medical research, while giving caring support to those who suffer from its brutal impact.

# We're *your partner* every step of the way.

At the Lupus Foundation of America, we understand the physical suffering, emotional turmoil, and economic hardships caused by lupus. We collaborate with lupus medical experts to produce useful and relevant resources, programs and services to directly help people with lupus and their doctors better manage the disease.



**Lupus Foundation of America**

To learn more, call 800-558-0121 or visit [Lupus.org](http://Lupus.org).



# Find help, get answers

## National Resource Center on Lupus

A collection of up-to-date resources and information on lupus. The Resource Center educates, empowers and connects you to lupus resources, programs and support services. Visit [Lupus.org/Resources](https://www.lupus.org/Resources) to learn more.

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## National Health Educator Network

Our certified health educators are available to answer questions and provide caring support to people with lupus, their families and caregivers. Call 1-800-558-0121 or visit [Lupus.org/HealthEducator](https://www.lupus.org/HealthEducator) to speak to a health educator today (in English or Spanish).

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## Local Support & Programs

Our regional offices and chapters provide opportunities to engage locally and participate in events dedicated to improving the lives of people affected by lupus.

Our on-the-ground experts can help you find resources, raise awareness and start a fundraising campaign to help end lupus. Visit [Lupus.org/Local-Support](https://www.lupus.org/Local-Support)

## The Expert Series

Our educational video series features empowering presentations from leading lupus experts with a focus on helping you live well with lupus. New episodes are available every third Thursday of the month on the National Resource Center on Lupus. Visit [Lupus.org/TheExpertSeries](https://www.lupus.org/TheExpertSeries)

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## E-newsletter

Stay connected and sign up to receive our monthly e-newsletter that includes the latest research news, as well as articles about coping and living with lupus. Sign up on our homepage to get updates at [Lupus.org](https://www.lupus.org)

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## Social Media

For daily updates on news and information relevant to those affected by lupus, follow us here:

-  [LupusFoundationofAmerica](https://www.facebook.com/LupusFoundationofAmerica)
-  [LupusOrg](https://twitter.com/LupusOrg)
-  [LupusOrg](https://www.instagram.com/LupusOrg)
-  [LupusFoundationofAmerica](https://www.youtube.com/LupusFoundationofAmerica)

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# Get involved, stay connected

## Become an Advocate

Be a vital voice on legislation and policies impacting people with lupus. Visit our Legislative Action Center to sign up to be an advocate and make your voice heard. Visit [Lupus.org/Advocacy](http://Lupus.org/Advocacy)

## Participate in Research

Scientists are studying more new lupus treatments than ever. People with lupus are the strongest weapon in the fight against lupus and the key to finding new treatments and a cure. To learn more about lupus clinical trials, the rights and responsibilities of volunteers, and opportunities to get involved in lupus research, visit [Lupus.org/ParticipateInResearch](http://Lupus.org/ParticipateInResearch)

## Connect with Others

LupusConnect™ is our online community where people affected by lupus can engage with others to share experiences, find emotional support and discuss practical ways to live and cope with the disease. Join at [Lupus.org/LupusConnect](http://Lupus.org/LupusConnect)

## Make Your Mark™

Host an event and fundraise to support the fight to end lupus. Visit [Lupus.org/MakeYourMark](http://Lupus.org/MakeYourMark)

## Team Make Your Mark™

Team Make Your Mark™ is a way for novice or experienced athletes to combine running or walking events with fundraising to support lupus research and education programs. Visit [Lupus.org/TMYM](http://Lupus.org/TMYM) to learn more.

## Remember Us in Your Will

Visit [Lupus.org/PlannedGiving](http://Lupus.org/PlannedGiving) for more information or contact us at 202.349.1153.

## Make a Gift

Send your donation payable to the Lupus Foundation of America, 2121 K St. NW, Suite 200, Washington, DC 20037 or online at [Lupus.org/Donate](http://Lupus.org/Donate)

## Walk to End Lupus Now®

Join more than 70,000 people across the country who walk with one unified purpose – to end lupus. Visit [WalktoEndLupusNow.org](http://WalktoEndLupusNow.org) to sign up for a walk near you.

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