

Thriving With Lupus Panelists



Kristin Brittain has been a lupus ambassador for the Florida Chapter for the past three years. I was diagnosed around the age of 12, however I began experiencing symptoms around the age of 8. I have spent my time earning a PhD and working at several Florida universities. My dissertation focused on: Self-Directed Learning and the Lupus Patient: Using Adult Education Strategies to Actively Cope with Chronic Illness. I am a wife, aunt, sister, daughter, friend, and lupus warrior. I spend my free time with my zoo of animals, writing, and reading.



Shruti Rangnekar recently relocated from Minneapolis to the Philadelphia area, where she's excited to connect with local lupus warriors and advocates. She was diagnosed with lupus at 16 and has been actively advocating for lupus warriors since she was 22. She regularly posts about living with chronic illness on her social media accounts at @morethanmylupus (Instagram, TikTok, Twitter). In the rest of her free time, she practices yoga, hangs out with her dog, reads voraciously, and goes on nature hikes (body allowing).



Kelly Wegmann is a Safety Regulatory Quality Coordinator at Brenntag Mid-South covering the four facilities in St. Louis. With a bachelor's degree in Biology from Illinois State University, she has spent half of her career as a chemist and the other half owning her own business until accepting her recent position last fall. Kelly enjoys interior design, camping and UTV adventures with her husband and two dogs. She has been living with lupus for 14 years.