

Hospital for Special Surgery (HSS) & Lupus Foundation of America are pleased to offer lupus support groups for the Asian community in both Cantonese and English. HSS 醫院和美國狼瘡基金會很高興為亞裔狼瘡患者和家人提供互助支持小組，可選擇粵語或英語。

Come join a free Asian support group where you can learn about lupus, share coping strategies, and feel supported on your lupus journey. You are not alone. 請加入免費的亞裔互助支持小組，在這裡您可以了解狼瘡，一起分享應對策略，並在狼瘡之旅中感受到支持。您不需孤獨面對。

**Cantonese-Speaking Support Group
(Virtual) 粵語互助小組(網上)**

Meets quarterly on the 2nd Saturday at
11AM-12:30PM Eastern 會議於每季度月份第二個
星期六11AM-12:30PM東部時間舉辦

January 14 / 1月14日

August 12 / 8月12日

May 13 / 5月13日

November 11 / 11月11日

Facilitator: Eliza Ngan, BA
LANtern® (Lupus Asian Network), HSS

主持：顏小源 紅斑狼瘡之曙光亞裔關懷聯盟

FOR MORE INFORMATION:

查詢及報名請聯絡：

Phone 電話: 646.797.8338

Email 電郵: lantern@hss.edu



**English-Speaking Support Group
(Virtual) 英語互助小組(網上)**

Meets every month on the 3rd Thursday at
6PM-7:30PM Pacific

February 16

June 15

March 16

August 17

April 20

September 21

May 18

October 19

Facilitator: Karen Ng, MPH
Lupus Foundation of America

FOR MORE INFORMATION:

Email: LFAasiangroup@gmail.com

Website: lupus.org/SoCal

CLICK HERE TO REGISTER

