SOLVING THE CRUEL MYSTERY of lupus

- Research
- Advocacy
- Education
- Support
- Awareness
Our staff trained 57 Community Health Workers to help them broaden their knowledge of lupus, identify symptoms, and encourage self management.

Added a companion app to our self-management program, Strategies to Embrace Living with Lupus Fearlessly (SELF). The app is now available in the Apple and Google stores.

Our Summer Jam Girls Retreat was held at Mark Twain Lake Jellystone Park. This weekend retreat is for girls 12-19 with lupus and provides an opportunity to meet others their age who share their health struggles. The weekend included a water park, art activities, and of course a bonfire and s’mores.

Our Lupus Patient Navigator began work this year with lupus patients at the Washington University Lupus Clinic and the Heartland Chapter to identify and address the nonmedical factors that influence health outcomes (the social determinants of health). This includes researching and connecting patients to local community resources and providing direct assistance through our Patient Assistance Fund for those in immediate financial need.

Updated our website to include a comprehensive guide of community resources and a new lupus physician directory for those seeking a rheumatologist.

We held our first in-person Lupus Empowerment Conference since 2019 this past August. The half-day program included topics on lupus nephritis, healthy cooking, new lupus treatments, managing stress, and health journaling with our guests receiving their own health journal.

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We rely on community support to make our programs available to as many people as possible. All gifts are tax-deductible to the extent allowed by law, and are essential to our ability to meet the needs of people living with lupus in our community.

- Donate by mail, phone, or securely online.
- Join our Circle of Heroes with a gift of $500 or more.
- Donate monthly or quarterly or a memorial gift.
- Leave a lasting legacy by including us in your will or trust.
- Become a corporate sponsor.
- Apply to become a Lupus Ambassador.
- Walk and fundraise for the Walk to End Lupus Now.

Follow Us

- LFAheartland
- LFAheartland
- Lupusfaheartland
- Lupusfoundationheartland

Learn more at lupus.org/heartland

Our 18 Lupus Ambassadors and staff attended 10 Health or Community Fairs with attendance of over 1,100 people. They shared information about lupus to help raise awareness of the signs and symptoms. Lupus Ambassador Patricia Dees, our 2023 Volunteer of the Year, was asked to share her story at the kick-off for Ameren’s United Way Campaign.

- The Heartland Chapter’s social media platforms continue to provide a way to educate people about lupus and where to go if they suspect a lupus diagnosis. During May Lupus Awareness Month and World Lupus Day, hundreds of people liked and shared our information and graphics to help raise awareness of lupus.

- We relaunched LFA’s Be Fierce. Take Control™ campaign to raise awareness of lupus in young women of color.

FUNDRAISING events

We were excited to once again gather in-person for the 2023 Walk to End Lupus Now events in St. Louis at Creve Coeur Park and in Kansas City at Shawnee Mission Park. Hundreds of walkers attended and raised over $80,000 to end lupus.

The Purple Ball was held at 612 North on the St. Louis Landing in 2023. We welcomed nearly 200 guests to the in-person event and hundreds more participated in our online auction. The Purple Ball was a huge success, raising over $85,000.

We continue to be grateful for the generous support of our event and program sponsors, corporate donors, foundations, and pharmaceutical companies.

DONATE & get involved

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THANK YOU TO OUR CIRCLE OF HEROES

Major donors from October 1, 2022 - September 30, 2023

Board of Directors

STATEMENT OF ACTIVITIES
September 30, 2023

REVENUE
- Federated Campaigns $ 60,306
- Fundraising Events $164,925
- All Other Contributions $166,047
- Investment Income $ 4,132
- Other Revenue $ 5,639
Total Revenue $401,049

EXPENSES
- Program Services $365,092
- Management & General $ 21,839
- Fundraising $ 82,979
Total Expenses $469,910

REVENUE LESS EXPENSE -$ 68,861

STATEMENT OF FINANCIAL POSITION
September 30, 2023

ASSETS
- Cash and Cash Equivalents $204,252
- Accounts Receivable/Promise to Give $ 31,427
- Inventory $ 4,627
- Prepaid Expenses $ 26,213
- Certificates of Deposit $189,574
- Property and Equipment $ 5,449
- Right of Use Asset (ROU) $ 37,576
- Other Assets $ 800
Total Assets $499,902

LIABILITIES
- Accounts Payable $ 16,026
- Accrued Payroll $ 4,635
- Current ROU lease $ 13,796
- ROU Asset Less Current $ 23,764
- Other Accrued Expenses $ 26,461
Total Liabilities $ 84,682

NET ASSETS
- Unrestricted $372,554
- Temporarily Restricted $ 42,666
Total Net Assets $415,220

TOTAL LIABILITIES & NET ASSETS $499,902

HIGHLIGHTS

Allsup and True Help, a division of Allsup
Amos Fund
Andreas Foundation
AstraZeneca
Dr. & Mrs. John and Andrea Atkinson
Aurinia Pharmaceuticals, Inc.
Ms. Morgan Blessinger
BJC Medical Group Rheumatology
Mr. & Mrs. Roger and Stephanie Boone
Dr. Kimberly Carroll
Mr. & Mrs. Tony and Sharon Centracchio
Dr. Mary A. Cheng
Mr. & Mrs. Kevin and Nicole Cheung
Children's Mercy Hospital and Clinics
Mr. & Mrs. Roland and Jana Dalrymple
Drs. Austin Dalrymple and Adam Mareno
Mr. & Mrs. Richard and Anne Marie Darcy
Dr. Jeffrey Dawson & Dr. Debra Parks
Mr. & Mrs. David & Sue Domian
Ms. Amy Dunn
Dr. & Mrs. Seth and Marion Eisen
Ms. Arica Evans
GlaxoSmithKline Pharmaceuticals
Mrs. Claire F. Hamilton
Mr. Matthew Helle
IVX Health
JMS Charitable Foundation
Ms. Karla Johnson
Dr. Amy Joseph & Mr. Richard Boswell
Drs. Vinay and Sona Kamat
Dr. Alfred H. Kim & Mrs. Elvit Zubiri
Mr. & Mrs. Jeffrey and Joni Korte
Lambda Sigma Sigma Lupus Sorority, Inc.
Mr. David R. Mann
Marlene's Kaleidoscope Lupus Fund
Mr. James McNichols

In Loving Memory of Tajah A. Miller
Ms. Margie Modglin
Dr. & Mrs. Terry and Carol Moore
Mr. Mark Motley
Mr. & Mrs. Rick and Christine Mower
Mr. & Mrs. Emil and Linda Nehrt
Neuropathy and Pain Solutions
Dr. Christine Pham & Dr. Anthony J. Lubniewski
Mr. Phillip Pogue
Ms. Donna Ramirez
Mr. Dan Raniere
Reinsurance Group of America Inc.
Mr. Donald Rohrbach
Dr. & Mrs. Chad and Leanna Ronholm
Mr. & Mrs. Donald and Nancy Ross
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Dr. Jennifer and Mr. Brian Schmidt
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Saint Louis Rheumatology
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Mrs. Joyce Thompson
US Bank
Walgreens
Mr. & Mrs. Ronnie and Marcia Ward
Washington University Division of Rheumatology
Washington University Lupus Clinic
West County Rheumatology
Ms. Michele Whiting
Ms. Brenna J. Wickstrom
Ms. Becky Wilson
Dr. & Mrs. Wayne and Lynn Yokoyama
Mr. Robert Young

The Heartland Chapter main office is located in St. Louis, Missouri. Our chapter territory includes Missouri, Kansas, and southern and central Illinois.

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