NaKaisha Tolbert-Banks, LCSW, LCAC, CLYL, CEC,

NaKaisha holds a Master's degree in Social Work, is a Licensed Clinical Social Worker and Addictions Counselor, Certified Laughter Yoga Leader, Certified Empowerment Coach with an emphasis in Positive Psychology, Certified Active Parenting Now Leader, and an Energy Leadership Master Practitioner. She has worked in various capacities throughout her career, enjoying her work in Child Welfare and Mental Health. She enjoys laughing and interacting with people. She meets no stranger, and desires to share her gifts of laughter, happiness, and coaching with the world!

NaKaisha is the Founder & CEO of D.U.O. EmpowerMEnt Services, LLC which was founded in 2008. The firm began providing a diverse array of services to organizations, ministries, and individuals. The firm provides: therapeutic counseling, life coaching, mental wellness consulting and training services. We are a unique firm due to the fact that we specialize in the use of **laughter** in the delivery of our core services. We believe that overall happiness and life satisfaction is key!