Family/Home

Caregivers/Family Members

CareCommunity
An online community of caregivers where you can share advice, experiences, and resources, in addition to getting support from those who are in similar situations.
1-888-362-5272
www.mycarecommunity.org

American Association of Retired Persons (AARP)
Provides information for families and caregivers of patients.
1-888-687-2277
www.aarp.org

Family Caregiver Alliance
Provides education, information, services, research, and advocacy nationwide for families caring for family members with chronic and/or disabling health conditions.
1-800-445-8106
www.caregiver.org

National Family Caregivers Association (NFCA)
Support, education and advocacy for family caregivers of chronically ill, disabled, or older adults. The “Lotsa Helping Hands” service provides easy-to-use online private group calendar designed to organize help from friends, family, and other volunteers in times of crisis.
1-800-896-3650
www.thefamilycaregiver.org
Lotsa Helping Hands website: www.nfca.lotsahelpinghands.com

Hospice Foundation of America
The Hospice Foundation of American is a non-profit organization that promotes hospice care and works to educate professionals and families in issues relating to caregiving, terminal illness, loss, and bereavement.
202-638-5419
www.hospicefoundation.org
**National Hospice and Palliative Care Organization**
The National Hospice and Palliative Care Organization is an association of professionals and volunteer caregivers that provides educational programs, technical assistance, and public policy advocacy.
1-800-658-8898
www.nhpco.org

**National Organization for Empowering Caregivers**
Provides assistance, education, support, referrals and relief volunteers for family caregivers. Also promotes public awareness about the realities of care giving.
212-807-1204
www.nofec.org/index.html or www.care-givers.com

**National Respite Network and Resource Center**
Helps caregivers and professionals locate respite services in their community and advocates for preserving and promoting respite policies and programs at the national, state, and local levels.
1-800-712-5000 ext. 222
www.archrespite.org

**Well Spouse Foundation**
A national non-profit gives support and resources for spousal caregivers. 1-800-838-0879
www.wellspouse.org