

**Commonly used sites for updates on the treatments and research of lupus.**

PUB MED

clinicaltrials.gov

NIH CLINICAL TRALS

NIH RePorter

**National Public Health Agenda-** National advocacy effort that lead to this agenda that outlines the needs required to address lupus challenges.

Office of Minority Health NHEPLHP- Has recently funded projects across the country for minorities

LFA National Resource Center – Result of the National Public Health Agenda- Just Launched and benefit patients and healthcare workers.

Couldihavelupus.gov

**Ohio Lupus Needs Assessment 2016-** This project is based on focus groups created in Ohio

**Referral Pads-** Tool for physician to help patient meet their needs, taking the role of education and support to those who can.

**Children-** PPT presentation for children

**Companion Therapy-** Presentation for patient audience, common topic

**LFA Ohio App** – Self- Management, Medications Prescribed with dosages, Physicians Roster, Journal for Notes, Calendar for Medications, Location of Groups, Push from the LFA

**EXTEND:** See Attachment: Has huge benefits for compliance issues on medications.

**National use on Drug Abuse**

**Flu.gov** – When is it the flu?

**Preventing a Flare – Methods to get the patient mobile**

Letsmove.gov

Fitness.gov

Smallsteps.gov

Range of motion

Strengthening

Aerobic

Diabetes and me

**Mental Health – Treatments Used**

Meditation

Reiki

Yoga

Biofeedback

Guided Imagery

**Affordable Care Act**—Immediate Improvements in Health Care Coverage  
for All Americans-Attached

Healthcare.gov